



SOUTHERN REGION MEETING & MENTAL HEALTH BOARD TRAINING January 19 – 20, 2017

Doubletree by Hilton – 515 Hotel Circle South, San Diego, CA 92108

Register: Registration is coordinated by CA Institute for Behavioral Health Services:

CIBHS Website ([Link](#)) or www.calbhbc.com/meetings-and-trainings.html

Questions? Contact: CALBHBC Secretary/Treasurer Mae Sherman, Ellimae2000@yahoo.com 530-257-6904

FRIDAY, January 19th

8:30am CA Mental Health Planning Council (Planning Council) General Session (8:30am – noon)

8:40am - CALBHB/C Update, *Theresa Comstock, CALBHB/C President*

12:00pm Complimentary Box Lunch for those registered (*provided by CALBHBC*)

1:00pm CALBHB/C Meeting – *Tentative Schedule*

- Call to Order/Introductions: *Theresa Comstock, President*
- Comments from State Commissions/Allied Organizations:
 - *Matthew Lieberman, Mental Health Services Oversight & Accountability Commission (MHSOAC)*
 - *Jane Adcock and Susan Wilson, CA Mental Health Planning Council*
 - *Andrea Crook, Access California (Mental Health America)*
 - *Poshi Walker, #Out4MentalHealth (Mental Health America)*

1:45pm Speaker Panel: 1) Employment for Adults with Mental Illness 2) Peer Support Specialist Certification

- *Kathi Mowers-Moore, Deputy Director, Vocational Rehabilitation Policy & Resource Development, CA Department of Rehabilitation*
- *Kay Masaryk, Program Manager, Mental Health Services, Inc., Employment Services - San Diego.*
- *Elisa Barnett from Behavioral Health Education and Training Academy (BHETA), UC San Diego. Chair of the San Diego Mental Health Coalition (January 2018) Elisa was previously responsible for Peer Employment training at Rehabilitation International.*
- *Karin Lettau, Director of Training & Employment, CAMHPRO (CA Mental Health Peer Run Organizations)*

3:30pm Mental/Behavioral Health Statewide Issues/Successes - Discussion

5:00pm Adjourn



SATURDAY, January 20th

**Mental Health Board Training, 9am – 3pm
and
Southern Region Meeting, 3pm – 4:30pm**

9:00am Sign-In, Coffee

9:30am Welcome/Introductions

***10:00am Developing an Effective Board, Best Practices of Mental/Behavioral Health Boards**

Part 1: Susan Wilson, CA Institute for Behavioral Health Solutions

- Responsibilities of local MH/BH board members according to WIC 5604.2;
- Review of pertinent parts of the Brown Act for meeting management;
- Running an effective meeting using Robert's Rules of Order OR Rosenberg's Rules of Order;
 - Making and managing motions
- Using ad hoc committees to get the work done
 - Identifying local issues for advocacy
 - Including stakeholders and interested public;
- Requirement for Ethics Training;

Noon Complimentary Lunch, Regional Conversation

1:00pm Developing an Effective Board

Part 2:

- Embedding cultural competency in decision making;
- Developing a recruitment strategy for new board members in cooperation with the local Board of Supervisors;
- Developing an orientation program for new board members;
- For Integrated Boards: Developing a strategy to assure that the needs of individuals with substance use disorders are addressed
- Annual evaluation of the local MH/BH Board/Commission.
- Additional Topics as time permits.

3:00pm CALBHBC: Southern Region Issues & Successes – Members of Local Boards & Commissions are asked to join us for this regional discussion.

4:30pm Adjourn

** For those who have recently taken Mental Health Board training, you are welcome to join the CALBHB/C Governing Board for their Quarterly Meeting from 10am – 12pm (Conference Room TBA)*